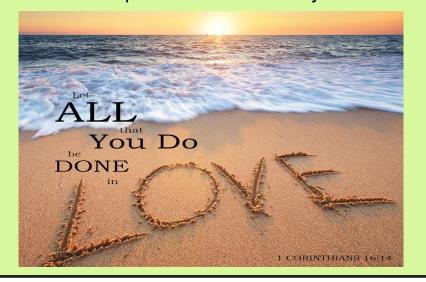


## **Lyndonville United Methodist News**

Upcoming Ministries, Meetings & Programs						
June 1	Adult Sunday School	9:45 AM				
	Youth Sunday School	10 AM				
	Worship Service-Online & in Sanctuary	11 AM				
June 3	Office is Closed					
June 5	Office is Closed					
June 8	Adult Sunday School Done for t	Done for the summer				
	Youth Sunday School	10 AM				
	Worship Service-Online & in Sanctuary	11 AM				
June 15	Youth Sunday School	10 AM				
	Worship Service-Online & in Sanctuary	11 AM				
June 16	Hope Resales Meeting	6:00 PM				
June 22	Youth Sunday School	10 AM				
	Worship Service-Online & in Sanctuary	11 AM				
June 24	Ad Council Meeting	6:00 PM				
June 29	Youth Sunday School	10 AM				
	Worship Service-Online & in Sanctuary	11 AM				



### **How To Contact Us:**

Address:

PO Box 483

102 North Main St.

Lyndonville, NY 14098

Email: lyndonvilleumc @gmail.com Face-

book: LyndonvilleUmc Website: www.lyndonvilleumc.org

**Prayer Request email:** 

noahzarf@gmail.com

### Pastor Pam Klotzbach

Office hours:

\*\*By Appointment\*\*

Phone (716) 560-0290

Pastor's email address:

Revpamumc@gmail.com

**Church Office Phone** 

585-765-9313

Administrative Assistant Office Hours

Tues & Thurs

8am to 12pm

### **Service Times**

Worship in the Sanctuary & Online 11:00 am

LyndonvilleUmc

On Facebook

# What's happening in Adult Sunday School?

Our study of basic Christianity using Chuck Swindoll's book Growing Deep in the Christian Life continues on June 1.

The class then will take a break until September. New study will be an-

The Adult Sunday School class meets at 9:45 am in the church library.



June 4—DeAnn Diermyer
June 8—Matt Carpenter
June 13—Brooks Boyle
June 15—Ginny Carpenter,
Robert Olinger
June 17—John Olinger
Kathy Blair
June 18—Robin Botsford
Jenna Anand
June 28—Larry Wolfe

Thank you for supporting the ministries of LUMC!

We are grateful for your continued generosity.

Offerings can be sent by US mail to
P.O. Box 483 Lyndonville NY 14098,

or online through Tithe.ly

But we would really love to have you come worship with us and offer it personally!

"Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver.



Spring! Everything is new and warmer... well... mosta the time... Edith is knee deep in spring cleanin' while Wilbur is busy gettin' their summer home ready out on the playground under the slide. It took more effort this year 'cause the school people put down fresh wood chips and Wilbur needed to burrow a little deeper to get to the opening of their

underground accommodations. Wilbur doesn't mind tho, the new woodchips bring a fresh woodsy aroma to their home.

Edith was thinkin. About how everything just seems brighter and fresher in spring. The grass is greener, the sun shines longer, flowers bring color back to the world... well, at least if you live in the north. Life just seems lighter... maybe easier, and tastier too, cause Edith was thinkin' while cuttin' up some fresh picked asparagus for lunch. She chuckled to herself when she realized that she was hummin' a tune and singin' the words "Hope Springs Eternal" in her head as she pondered alla this. When she was tellin' Wilbur about her ponderings They agreed that Hope and Spring just go together, like peas and carrots or peanut butter and jelly. Food metaphors are especially fun and easy to remember.

Livin' in the church Wilbur and Edith get to hear a lot about Hope. The church people talk about it a lot and even named their thrifty store "Hope" Resales. Edith really likes the thrifty store... she found a new set of pots and pans in the toy section last week that will be perfect for their summer place. Just yesterday while Edith was readin' her daily devotional the scripture verse was "but sanctify Christ as Lord in your hearts, always being ready to make a defense to everyone who asks you to give an account for the hope that is in you, but with gentleness and respect." 1Peter 3:15 NASB

Edith was thinkin' how important it would be to be able to share Hope, especially with those who are havin' a hard time findin' some on their own. She decided to start keepin' a list of the things she was grateful for because she believes that gratitude begets Hope. At the top of her list is this Jesus fella the church people talk about alla the time... seems like no matter what the problem Jesus will help, alla ya gotta do is call on His name. That there is a whole lot of reason for Hope. Next on her list is Wilbur, he's such a hard workin' mouse... third on her list are the church people... She hears 'em talking a lot about tryin to find ways to help people and talk to 'em about Jesus.... She thinks the people are a blessing in their community.



Pastor Pam Klotzbach

June 2025

Dear Friends and Family of Lyndonville United Methodist,

Many of us deal with anxiety on a near daily basis and often we find ourselves longing for ways to calm our minds and interrupt that downward emotional spiral that leads towards depression and dark thoughts. Finding ways to cultivate mental peace can be crucial for our overall well-being.

For those exploring the intersection of spirituality and daily life, prayer can offer a meaningful practice to address and process our anxieties. But prayer can be intimidating. Sometimes we lack the words to communicate what we're feeling. The value of Christian is that, for thousands of years, faithful people have been facing similar issues and asking questions similar to those we wrestle with today. We can lean on the words they shared long ago to help guide or focus and center our thoughts in the here and now. I am sharing a collection of prayers we have been blessed with throughout Christian history. Perhaps one might stir in you a sense of perspective or provide you with words you feel but can't quite voice.

It's important to acknowledge that while prayer can be a powerful tool for many, it is not a substitute for professional mental health care. If you or someone you know is struggling with severe anxiety or other mental health issues, seeking help from a professional is both appropriate and en couraged. May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the holy Spirit. Romans 15:13

God bless us every one! Pastor Pam

### **LET US PRAY:**

O God, seeing as there is in Christ Jesus an infinite fullness of all that we can want or desire, May we all receive from him, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, Which will enable us to be transformed in to the blessed image in which you created us. O make us all acceptable to be partakers of the in heritance of your saints in light. Amen. John Wesley May God the Father bless us; may Christ take care of us; the Holy Ghost enlighten us all the days of our life.— John Wesley

May God the Father bless us; may Christ take care of us; the Holy Ghost enlighten us all the days of our life. The Lord be our defender and keeper of body and soul, both now and forever, to the ages of ages. Æthelwold

Prayers continue on the next page

Prayers continued...

O God, Who art the unsearchable abyss of peace, the ineffable sea of love, the fountain of blessings, and the bestower of affection, Who sendest peace to those that receive it; open to us this day the sea of Thy love, and water us with the plenteous streams from the riches of Thy grace. Make us children of quietness, and heirs of peace. Enkindle in us the fire of Thy love; sow in us Thy fear; strengthen our weakness by Thy power; bind us closely to Thee and to each other in one firm bond of unity; for the sake of Jesus Christ. Amen. —Syrian Clementine Liturgy.

Let nothing disturb you, let nothing frighten you, all things will pass away. God never changes; patience obtains all things, whoever has God lacks nothing. God alone suffices. Amen. - Teresa of Avila

O good shepherd, seek me out, and bring me home to your fold again. Blessed art Thou, O Lord, who hast nourished me from my youth up, who gives food to all flesh. Fill our hearts with joy and gladness, that we, always having all sufficiency in all things, may abound to every good work in Christ Jesus our Lord, through whom to Thee be glory, honor, might, majesty, and dominion, forever and ever. Amen. —The Clementine Liturgy.

Loving Lord and heavenly Father, I offer up today all that I am, all that I have, all that I do, and all that I suffer, to be Yours today and Yours forever. Give me grace, Lord, to do all that I know of Your holy will. Purify my heart, sanctify my thinking, correct my desires. Teach me, in all of today's work and trouble and joy, to respond with honest praise, simple trust, and instant obedience, that my life may be in truth a living sacrifice, by the power of Your Holy Spirit and in the name of Your Son Jesus Christ, my Master and my all. Amen. —Elisabeth Elliot (1926–2015)

Deal favorably with me according to your good pleasure, until I may dwell in your house all the days of my life, and praise you for ever and ever with those who are there. Jerome

Deep peace of the running wave to you, Deep peace of the flowing air to you, Deep peace of the quiet earth to you, Deep peace of the shining stars to you, Deep peace of the Son of Peace to you, forever. -Source unknown - early Scottish

Prayer can be a comforting and grounding practice that helps us articulate our anxieties and find a sense of peace. By integrating these prayers into your daily routine, you might discover a deeper connection to your spirituality and an enhanced sense of mental well-being. Remember, exploring spiritual practices like prayer can be a valuable part of your mental health journey, but it's also important to reach out to professionals for support when needed. May these prayers inspire you to seek out and engage with a faith community that resonates with your spiritual quest and offers you the comfort and peace you seek.

### Pentecost June 8, 2025

Wear RED on Pentecost Sunday – June 8, 2025 On Pentecost Sunday, we remember the day the disciples received the Holy Spirit in a special way. The story in Acts 2 describes a powerful wind and tongues of fire as the Holy Spirit was poured out on people from all over the world who came to Jerusalem to celebrate a Jewish feast. At the first Pentecost over 3000 people were baptized, creating the first church. This is why Pentecost is known as the birthday of the Christian church. The word Pentecost comes from a Greek word meaning fiftieth. The Jewish Festival of Pentecost (called Shavuot, meaning "weeks" in Hebrew) falls on the fiftieth day after the original Passover. On that day, God gave the Torah to Moses on Mount Sinai. The Christian festival of Pentecost falls on the 50th day after the resurrection of Jesus. Red is historically associated with Pentecost as a visual reminder of the "tongues of fire" that empowered the apostles and others to proclaim the good news of Christ's resurrection in many languages to the crowds of pilgrims from many lands (Acts 2:3). You are invited to wear RED on Pentecost Sunday – June 8th .

### Disciple Profile: James: - the Less

Adapted from Twelve Ordinary Men-John D MacArthur

Among the least know of the apostles James the son of Alphaeus, or James the Less is this month's featured apostle.

Virtually silent in the Gospels, little is know about James the Less. If he ever wrote anything, it is lost to history. If he ever asked Jesus poignant questions or did anything it is not recorded in scripture. He was not the kind of person who stood out in a crowd and appears utterly obscure to us. Even his name is common. There are several men in the New Testament with the name James, including James the son of Zebedee and James the son of Mary and Joseph. It's possible that James is the brother of Matthew. According to Mark 2:14 Levi (Matthew) is also the son of Alphaeus.

His lack of prominence is even reflected in his nickname. In Mark 15:40 he is referred to "James the Less". The Greek word for "Less" is *mikros* which literally means "Little". It is likely that the use of this word does not infer less important but rather that he is younger or shorter.

We have no evidence that this James displayed leadership qualities, sought recognition for anything, asked no critical questions or demonstrated unusual insight. Given his apparent "under the radar" stature it would be easy to assume he had no great influence or service.

But, the Lord choose him for a purpose, and empowered and equipped him like the others and sent him out as a witness. Given this we can be certain that he became a power preacher like the others. He surely performed the work of the apostles.

Perhaps it is good for us the remember that what made all of the disciples important was the Lord whom they served and the message they proclaimed. If we lack details about the men themselves that is OK.

The same is true for us today. We may feel like our efforts are wrapped in obscurity but we are not called to stand out... we are simply called to serve and proclaim the good news of Jesus Christ.

Expand your learning!

After reading the profile – dig deeper into the Bible find the verses that reveal the personalities and the activities of each disciple.



When I scratched my knee,
Or if I bumped my head,
When I was afraid of the dark,
Or that thing under my bed,
When I cried in the night,
Or even in the day,
You were there for me
To make it all okay.

You tickled my feet
And laughed at all my jokes.
You taught me to believe
In having high hopes.
You are my father.
You did what you had to do,
But more than a father
You are my friend, too.
You made everything good
That was once bad.
I just want you to know
I love you, Dad.

Jennifer S. Williams. "Father." Family Friend Poems, February 15, 2006. https://www.familyfriendpoems.com/poem/father





#### The Heart of The Matter

God called David a man after His own heart. I find this interesting because David led a messy life. He was not a perfect man, far from it. So how could God say that David was a man after God's own heart?

By what standard was God assessing David? Probably not one you or I would choose. What does it mean to be a man or woman after God's own heart? Only God can answer that for certain, but I'll take a stab at it.... I suspect that when God seeks to raise up a person. He doesn't pay much attention to fitness for the task. More likely the task is also designed to shape the person. God doesn't pay much attention to physical attributes. God peers into the heart of a person. Is the heart spiritual? Is the heart humble? Is the heart open? Is the heart authentic? Is the heart just?

What does a spiritual heart look like? I think the spiritual heart is one that is earnestly seeking a deeper relationship with Jesus. One that strives to obey, even when it doesn't. One that strives to live in harmony with the Lord, although it may at times stray. The spiritual heart lives its life in an attitude of prayer and renewal, and sometimes repentance.

How does the humble heart behave? The humble hearts is in tune with that that which the Heart of God is in tune to. A humble heart doesn't care who gets the glory, only that the task is done, and done earnestly. I think a humble heart possesses a teachable spirit. A heart that lives unpretentiously always knowing that there is more to learn.

How does an open heart feel? First and foremost, I think an open heart loves. An open heart remembers that we are each God's masterpiece crafted with great care and with great purpose. An open heart doesn't divide due to difference but finds a way to build community and strength in diversity. An open heart is merciful and grace filled and always looking to see God in others.

An authentic heart isn't afraid to be vulnerable. It recognizes that there is strength in the body when we are able to serve each other. An authentic heart confesses its fears and strives to leave them at the foot of the cross. I think authenticity can be scary and elusive but is essential for our fear to become faith and for our grief to be transformed into grace.

A just heart seeks God's will and strives to live it in all circumstances with all people. I think maybe this means knowing that doing the right thing is not as important as being the right person. Being the person God intends us to be and allowing others the same freedom in Christ.

I think the primary quality that David possessed, that made him a man after God's own heart was his willingness to repent, run home to Daddy (so to speak) and pour out his remorse at the foot of His God. No matter how messy, how embarrassed, how shameful, or how far David's actions strayed from God.... He knew his way home.

One of the lesson's of David's life is that no matter how much we mess up, no matter how far we stray from God's will .... We can always come home. God always draws us home.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Office Closed	4 Hope Resales 10AM-1PM	5 Office Closed Hope Resales 5-8 PM	<ul><li>         ← Hope Resales         10AM-1PM</li></ul>	7 Hope Resales 10AM-1PM
SAdult Sunday School 10AM Youth Sunday School 10am Worship at 11 AM	9	10 Office Hours 8—Noon	11 Office Hours 8—Noon Hope Resales 10AM-1PM	Hope Resales 5-8 PM	13 Hope Resales 10AM-1PM	Hope Resales at 10AM-1PM
Pentecost Youth Sunday School 10am Worship at 11 AM	16 Hope Resales Meeting 6:00 PM	17 Office Hours 8—Noon	18 Hope Resales 10AM-1PM	19 Office Hours 8—Noon Hope Resales 5-8 PM	20 Hope Resales 10AM-1PM	21 Hope Resales 10AM-1PM
22 Youth Sunday School 10am Worship at 11 AM	23	24 Office Hours 8—Noon Ad Council 6PM	25 Hope Resales 10AM-1PM	26 Office Hours 8—Noon Hope Resales 5-8 PM	27 Hope Resales 10AM-1PM	28 Hope Resales 10AM-1PM
Youth Sunday School 10am Worship at 11 AM	30	31 Office Hours 8—noon				



Lyndonville UMC Newsletter

